



A WORLD OF OPPORTUNITIES FOR YOUNG MEN

No. 14 24 August 2022



From the Principal

Nolan House Planning for 2023

This coming Friday, students and staff who will be joining Nolan House in 2023 will gather with Cameron Elmore (inaugural Nolan House Leader in 2023) to commence planning for 2023.

The students and staff will participate in a number of activities as they work together to decide on the colour and emblem of Nolan House. We wish the students and staff the very best as they gather to make some very important decisions that will be etched in history.

College Uniform - Expectations

All students are expected to wear the College uniform correctly at all times. Recently we have noticed that a number of students are choosing to wear items of clothing to school that are not part of the uniform. Some students are wearing different coloured hoodies under some items of the school uniform and some students are wearing black track pants instead of the Parade College PE uniform.

I ask that you remind the students of the expectations around the wearing of the College uniform correctly at all times.

The uniform requirements are printed in the Student Planner. If students do not have the correct PE uniform on a day that they are permitted to wear it, they must wear the normal College uniform to school and change into their Parade College PE uniform prior to class/sport.

Alternate track pants and hoodies are not permitted under any circumstances.

Staff will be working with the students to ensure they are in correct uniform, and sanctions will be issued to students who fail to adhere to the uniform guidelines. Your support with this over the coming weeks would be appreciated.

Solidarity Walk - Friday 2 September

The Solidarity Walk will be held at the Bundoora Campus on Friday 2 September and will bring Solidarity Week to a close.

Our Preston students will be transported to the Bundoora Campus for the walk. The walk will incorporate the 'Parade Mile' and will be completed on the College grounds at Bundoora.

Families have already received communication from Ms Anne McLachlan asking for your support in assisting your sons to raise at least \$10 sponsorship each prior to the walk on the Friday. All funds raised from the walk go toward our charity for 2022 – the Nzara Hospital in South Sudan.

The College has supported Nzara Hospital in the past (2017-2018) to build the original solar panel system and then to construct an operating theatre. The contribution of our students this year will contribute significant funds toward the upgrade of the solar panel system. Their contribution to this cause cannot be underestimated, as it has a direct impact on the lives of so many people.

Working Bee (Sunday 14 August) – Thank You

A big thank you to all the families that supported the recent Working Bees across both campuses. It was fantastic to have parents assist with the tasks set for the day. A special thank you to the Parents of Parade (POP) Committee of helpers who prepared the BBQ lunch on the day.



Parade College and Mercy College Combined Concert Performances

I attended the opening night of the performance in our Rivergum Theatre last Thursday evening. It was amazing to see all of the students and staff from both schools working together on stage and behind the scenes. There was a genuine energy and buzz in the air and the audience was captivated for the entire evening – acting, singing, musical performances. There were many young children in the audience, and I am sure some of them were inspired to perform on stage when they eventually get to secondary school.

Well done to everyone involved.

End of Term 3 Arrangements, Friday 16 September Classes to Conclude at 12.10pm

Further to my correspondence to families on 17 August, just a reminder that classes on the last day of Term 3 will conclude at 12.10pm. Both campuses will close at 1.00pm on this day. Buses will run as per normal and will be on site from 12.15pm, for a 12.25pm departure. We have arranged for charter buses to replace the eleven Parade PTV services.

The purpose of the afternoon is to allow all staff to attend a staff training workshop, which will be facilitated by Edmund Rice Education Australia (EREA). It is a requirement that all staff attend this session, so they are fully informed of their Child Safeguarding responsibilities and obligations in accordance with the new Ministerial Order 1359.

It is also necessary for staff to be fully informed of the role of the EREA governing authority in upholding Child Safeguarding standards.

As child safety is central to what we do, it is essential that our staff are trained, informed, and engaged in discussion about how EREA can ensure this commitment is realised.

Mr Mark Aiello
Acting Principal

St Francis Xavier
Catholic Primary School
Montmorency

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TUESDAY 13TH SEPTEMBER 7-9PM



From the Assistant Principal - Teaching & Learning

Term 3 Mid-Semester Reports and Student Progress Interviews – Years 7 to 12

Mid-semester reports will be released online via PAM on Friday 2 September at 10.00am.

The final round of the Year 7 to 12 Parent Teacher Interviews for 2022 occur later this term on Thursday 8 September and Monday 12 September, from 4.15pm to 8.30pm and 4.15pm to 7.30pm respectively.

Bookings for Student Progress Interviews will be available via PAM from 10.00am on 2 September.

Interviews are on MS Teams. Students should also attend online and be sure to take their devices home.

On the mid-semester reports, teachers may have indicated that an interview is required. Parents may also initiate the interview by booking appointments to meet with their sons' teachers.

Teachers will be mindful to keep interviews to the times designated.

2023 JacPLUS - Jacaranda e-Textbook Bundle for Years 8 to 10 in 2023

In 2023 Parade College will continue to use Jacaranda's \$115 Digital Bundle as its digital textbook/educational resource provider for students in Years 7 to 10.

This Digital Bundle offers great value as it provides access to eBooks and companion digital learning products across multiple subject areas including Mathematics, Science, English, History and Geography on your son's digital device.

As part of this bundle, your son will receive access to over \$500 worth of educational product that is required for your son for the 2023 school year.

Jacaranda Publishing will add all the prescribed eBooks and companion products to your child's existing JacPLUS account.

To ensure that you receive your son's 2023 school year text books and resources, you are asked to order and pay the \$115 online via Jacaranda's payment portal by 24 October 2022. It will be available on their portal from 26 September.

Current Year 9 students enrolling in the Edmund Rice Pathways Program (ERPP) at Preston for Year 10, are not required to purchase the Jacaranda Bundle.

Booklists with the balance of items will be available in early November and will be required for the commencement of the 2023 school year.

Details on how to pay for the Jacaranda bundle via the Jacaranda Payment Portal will be emailed to families this week. Refer to <https://www.jacaranda.com.au/bundles/victorian-curriculum/#db> for bundle and individual products information.

If you have not received an email please contact Ms Stavroula Tsembas, Dean of Digital Learning, via email Stavroula.Tsembas@parade.vic.edu.au

Your assistance in prompt payment will assist the school in the setting up of the resources in December 2022.

Mr Geoff Caulfield
Assistant Principal - Teaching and Learning



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Parade College



General Achievement Test

This year, the General Achievement Test (GAT) will take place on Wednesday 7 September and will involve all Senior VCAL students as well as all VCE students completing a Unit 3 and Unit 4 study in 2022.

The test will take place in the Greening Auditorium, Bundoora Campus commencing at 9.30am with all students completing Section A – Literacy and Numeracy. Following this section, all VCE students will undertake Section B commencing at 1.15pm – General Knowledge and Skills.

No Unit 3 and Unit 4 classes will run on this day and full school uniform is to be worn. More details regarding the logistics of the day will be distributed to the students closer to the date. VCAL students will return to Preston for afternoon classes.

No formal revision is necessary for this test; however, all of our students will receive a practice task after receiving a lecture on the questioning and writing styles on 24 August.

Parents and students who would like to know more about the GAT and how it is used are advised to refer to the following link: <https://www.vcaa.vic.edu.au/assessment/vce-assessment/general-achievement-test/Pages/Index.aspx>

Year 12 VTAC and Choices for After School Pathways

Year 12 students have been made aware of Open Days being run by Tertiary Institutions and are encouraged to attend as many as they can to make an informed decision regarding their pathway beyond school.

There will also be an assembly on the morning of Wednesday 24 August, for all Year 12 students, explaining the application process for applying for Tertiary study as well as SEAS applications. This will take place at 9.00am in their usual study periods.

Mr Paul Fahey
Dean of Learning, Years 10 to 12



Year 10 Work Experience

A reminder to all Year 10 students that Work Experience is happening for one week in Term 4 from 14 to 18 November.

Students are encouraged over the next four weeks to contact friends, family, local businesses and organisations to assist them in organising a placement, ideally before the end of Term 3.

It would be great if members of the Parade College community would consider taking on a Year 10 student for a week of work experience.

If you are able to assist with this program could you please contact Liz Bult ebult@parade.vic.edu.au or Justine Barnes on jbarnes@parade.vic.edu.au

Reminder to Year 12 Students

A reminder to all Year 12 students to make an appointment with the Careers Team before the end of Term 3 to discuss future pathway options.

Year 12 Bundoora students will be having a VTAC presentation on Wednesday 24 August.

Year 12 Preston students will have their VTAC presentation on Thursday 25 August in Penola Theatre.

Mrs Elizabeth Bult
Careers Leader



**Friday 9 September
is a Student Free Day**



From the Assistant Principal - Student Wellbeing

Face Masks on Public Transport

All schools in the area have been asked to remind their student community that face masks are mandatory on public transport which includes trams, trains and buses.

Can parents please ensure their sons are aware of this and always carry a face mask for use on public transport. The message is also on the daily bulletin for students as a reminder as well.



Online Safety at Parade

Last week our Year 7, 8 and 9 students were addressed by members of the Police Youth Liaison Team. The team discussed online safety and positive engagement online, image based abuse, cyber bullying and where to seek help.

Parent were also invited to an online safety evening run by Evolve Education where the same issues were looked at.

Steve and Bec from Evolve took parents through what their students are doing online, how they use social media, what flags to look out for and importantly how to support our young people as they navigate this space.

Parents who registered for the evening were all sent parent information pack as well as reading, podcasts and show to assist parents in supporting their sons.

Year 9 students Cameron and Joseph have summed up their experiences of the day.

Cameron Pascoe (L15) and Joseph Stephens-Keane (T17)

On Monday 15 August, we participated in a presentation with local police officers. In the presentation we learned about safety on the internet and how to deal with challenging situations online.

The officers talked to us, in detail, about relationships between friends, strangers, and the differences between face-to-face and online connections. The officers stressed the dangers of sending intimate images online and discussed how to safely navigate different social media platforms.

They gave us advice on how to approach difficult circumstances and who we can turn to in times of need.

The officers did a great job and we all left with a better understanding of the online world and how to carefully handle the pressures and difficulties of social media.

Positive Engagement Online

On Monday 15 August out Year 7 to 9 students will be a part of presentations from the Banyule Police Liaison Officers. The Officers will speak with students about image based abuse, cyberbullying, online use and the law, and engaging positively online.

At Parade College we want to ensure that we are working in partnership with families to support all of our young men, so we are offering a parent seminar that week, Wednesday 17 August, with Evolve Education who will look at many of the same issues and how parents can support their teenagers to navigate the online space.

Numbers at the parent seminar are limited and all details have been emailed to Year 7 to 9 families. If there are not places left please put your name down on the waiting list and we may look to open a second session, depending on numbers and interest. The seminar will be online and the link will be sent to registered families on the day.

School TV Special Report: Respectful Language

After two years in lockdown and with the reliance on the online space for connection and contact this brought, we are now noticing a shift in the way young people interact in person and online.

Connection online has never been easier and with this brings a raft of opportunities but also a number of challenges. In the online space students, and even adults, feel more free to say things that they would not normally express in person and our young people are finding this even more difficult to regulate now we are back to 'COVID normal'.

This week we want to highlight the Special Report on School TV which looks at respectful language.

School TV is a wellbeing site Parade College subscribes to in assisting our families and staff to navigate the wellbeing of our young people. We encourage all of our families to access the huge amounts of support on the site and this week we have highlighted a special report that deals with an issue many parents have expressed concerns over – the use of Respectful Language.

Please see below some words from Dr Michael Carr-Gregg, renowned adolescent Psychologist who has prepared the report.

In today's world, it is becoming apparent that some young people are being influenced by the language around them. It is becoming more common for them to hear derogatory terms or offensive language on the streets, on social media channels, streaming services and in some forms of modern music. Proliferating the use of such language can sometimes normalise, glamorise and sanitise their impact, taking their meaning out of context. Words can be misconstrued to be hurtful, racist, homophobic, misogynistic or even discriminatory. Using disrespectful language is considered socially unacceptable, and if not addressed early, can become a serious problem.

The use of derogatory language or the act of swearing at someone, or about someone, is actually a form of verbal violence. It transgresses the usual rules of social interaction by impinging on an individual's self-image and sense of dignity.



Pictured above: Dr Michael Carr-Gregg

Therefore, many schools enforce a zero tolerance policy when it comes to such language. Parents and carers also need to play an important role in enforcing this approach by proactively monitoring what their children are viewing or being exposed to and discussing the use of words or their origin. This can help prevent inappropriate or disrespectful language being used in the classroom, school yard or other situations.

Whilst some students may use swearing or derogatory terms for attention seeking purposes, others may use it simply because they are still learning how to moderate their language. As young people develop their language skills, it is important for them to have a clear understanding of the impact of their choice of words on others and how their words can impact other people's perspective of them - an important and essential skill to learn as they progress in their personal and professional development.

To watch the full report please go to Parade College's School TV site (which can be access through the College website) or you can access it through the link below:

[SPECIAL REPORT: Respectful Language | Parade College - Bundoora \(schooltv.me\)](https://www.parade.edu.au/schooltv/me)

Ms Sarah Pyle
Assistant Principal - Student Wellbeing





From the Director of Ministry

Vietnam Veterans' Memorial Service

This event took place on Saturday August 13 at 11.00am at the Greensborough War Memorial Park. Max Bovalino, College Captain, was the Parade student invited to give the address as part of the service. Indeed, Max was supposed to have had this privilege in 2021, but COVID had other plans, as Max observed, and he very kindly agreed to participate this year.

The focus of Max's speech was looking at the Vietnam War through the eyes of today's youth. Max referenced the history of former Parade students who were involved in the conflict, with a surprise element being that one of these was actually at the service and introduced himself to Max after the event.



Max noted that the war was not a popular or supported one for several reasons, one of these being the access that many Australians had to what became known as the TV war, with images appearing in people's loungerooms.

Nonetheless, as time has softened some of the views about those who participated in the conflict, it remains a point of honour to remember those who participated.



Max spoke with distinction and was very warmly received by organisers of the event, and those in the audience, including a former Parade teacher.

Lake Mungo Immersion

After some eighteen months of delay, the Lake Mungo Immersion finally took place from Monday 8 to Saturday 13 August.

Twelve Parade students accompanied by Mr Connell and Ms Carrazzo, along with the students and staff from St Mary's St Kilda, set off at approximately 6.30am for Culpra Milli Homestead, a seven hour drive away.



The group camped there until lunchtime Wednesday, before making their way to Lake Mungo by nightfall on the that same day. Thursday and Friday were spent at Lake Mungo before a day long drive home on Saturday.

Some student observations are offered below:

Culpra Milli Homestead

"...arrived at Culpra Milli travelling on a long off road track in which we saw a variety of indigenous plants, including a tree used to make didgeridoos.

We were met by Sophia and her family who are the traditional custodians of the land. She welcomed us by teaching us about the rich history of the land which lead to a 'Welcome To Country' ceremony using red gum leaves, this cleansed us of negative energy. This made us feel included in their culture.

Whilst sitting around the fire we introduced ourselves to some of the students which we hadn't met and shared that



with the group. After, we set up our tents by the river which made the experience immersive. At days end we sat around the campfire gazing at the stars as the sky came to life.”

“We saw ancient fish traps and also ancient fire pits. Uncle Barry showed us a map of all the properties in which his family owns, which all fall along the Murray river. As we made our way back we ate local bush tukka. We learnt how to make clapping sticks and how to carve them out of small logs - we used boxwood and red gum. As we watched the sun set and ate burritos under the bright stars and moon, by the nice warm fire chatting and sharing a laugh.”

Lake Mungo

“Once we were there a woman called Tanya showed us a collection of ancient footprints that told several unique indigenous stories from ancient times, giving us a great insight into what it was like back then, as much as 40,000 years ago!”

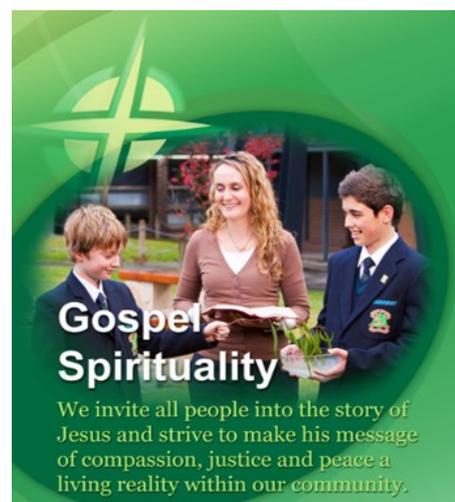


“We witnessed the most glorious sunrise over-looking the horizon at Lake Mungo. A short Liturgy whilst looking out at the amazing landscape allowed us to welcome in the day from the east, and take in all compass directions.

The kaleidoscope of colours witnessed at this morning’s sunrise was reimagined later on in the day when we had an impromptu art class. Some painted their clap sticks and others created masterpieces on canvas.

Today’s main experience was an unforgettable memory. We walked on sacred ground, the same ground where mungo man and lady mungo once stepped foot. The connection our guide, Tanya, has to Lake Mungo certainly touched us all. We saw ancient artefacts acts such as mungo fish, animal remains and ancient fire pits dating back to over 200,000 years ago.”

Ms Anne McLachlan
Director of Ministry



Gospel Spirituality

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We proudly acknowledge the Wurundjeri Woi-wurrung people as traditional custodians of the land. We pay respect to all Aboriginal and Torres Strait Elders, past, present and emerging, who reside in the area and have been an integral part of the regions history.


www.freeza.vic.gov.au


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Student Leadership Join Forces

Parade College and Catholic Ladies' College joined forces on the Monday 1 August to discuss Student Leadership.

The Colleges' Student Leadership Team, consisting of twelve members each, came together at the Waterford Pavilion to walk the Edmund Rice Mile and discuss each other's challenges and achievements throughout 2022.



The students were addressed by a guest speaker to further unpack their leadership journey and how they can continue to contribute to the community in their lives beyond school.

Below is an account from our College Vice Captain Jacob Gangi.

Jacob Gangi Year 12 T01

The day was a huge success for all the students involved as the interaction with another Catholic Secondary School Leadership Team really benefited and shaped of perspective of what leadership is and how to demonstrate it within our daily lives.

We started the day with a 'walk the mile' with a partner from CLC which we engaged in discussion on the definition of "what is Leadership", followed by getting to know each other and building a new friendship.

We were all really inspired from conversations and the guest presenter.

We learnt how to harness the skills we have to benefit others which all of us from Parade and CLC communities are excited to do, not just during our schooling lives but our lives beyond school!

Mr Jacob Williams

Dean of Students Years 10 to 12

Banyule Youth Focus

Are you aged between 12 & 25 years?
Do you live, study, work or play in Banyule?

Council are inviting local young people to sign up to our Banyule Youth Focus database. Young people on this database will be invited to take part in focus group discussions about a range of things that matter to young people. Participants in each consultation will receive a reward for their time.

For more information contact:
 9457 9855
banyuleyouth@banyule.vic.gov.au
banyuleyouth.com/youthfocus

Sign up is quick and easy

Banyule City Council logo and flags of Australia, Banyule, and Germany.



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Book Week at Parade

Each year since 1945 the Children's Book Council of Australia (CBCA) has brought children and books together across Australia through Book Week. This year, Book Week is being celebrated from 20 to 26 August, and the theme is 'Dreaming with eyes open...'

Every day during Book Week, a micro story has been placed in the Daily Messages, and students invited to respond to it in any way they like. We also invited teachers from across the College to record a video about a book they love, and included their videos alongside the micro stories. Below you can see a selection of the books they chose:

Mr Willcocks

Narcissus and Goldmund by Hermann Hesse

Mr Moore

Wake in Fright by Kenneth Cook

Mr Prentis

Saving Francesca by Melina Marchetta

Ms Photiadis

The Catcher in the Rye by J. D. Salinger

Mr Pileggi

The Forests of Silence by Emily Rodda

Mr Connell

Goodnight Mister Tom by Michelle Magorian

Ms Calia

Looking for Alibrandi by Melina Marchetta

Ms Jackson

The Fault in Our Stars by John Green

Mr Gabriele

The Secret Diary of Adrian Mole, Aged 13¾ by Sue Townsend



Ms Bialecki

Anna Karenina by Leo Tolstoy

Ms Melenhorst

Tracks by Robyn Davidson

Students looking for a new book to read might like to research these suggestions from their teachers.

We continue to encourage students to read for at least twenty minutes at home every night. To support this, we have a range of e-book, audiobook, and physical books available to students in both the NLC and CCLC. Books, comics, manga, magazines – we have something for everyone.

Mr James Fogarty

Learning Area Leader – English





ERPP and VCAL @Preston Campus

Work Experience

ERPP and VCAL programs at Parade College centre on developing students' employability skills and work readiness. All ERPP and Intermediate (Year 11) VCAL students will be participating in work experience from Monday 5 September to Friday 16 September.

This placement is a compulsory part of the ERPP and VCAL programs at Parade College and contributes to better informed careers, course and pathways options for students.

Students are reminded that all necessary documentation to support student placements must be returned to school by Friday 25 August.

Our ERPP and Intermediate VCAL Preston students are gaining invaluable knowledge and experience during their work placements and we are very proud of their achievements.

General Achievement Test (GAT)

This year, all Year 12 Preston students, together with Year 11 Preston students undertaking a Unit 3/Unit 4 VET subject, will be sitting the GAT on Wednesday 7 September.

Students completing the Victorian Certificate of Applied Learning (VCAL) will, as part of their senior secondary qualifications, receive information about whether they have demonstrated or exceeded the literacy and numeracy standards typically expected of those entering the workforce from school. Students will receive a statement of their GAT results, which they may wish to share with prospective employers or further education providers to demonstrate their readiness for work and further education and training.

Information specifically about the GAT will be provided to Preston students and parents via email.

Mrs Vivian Sipsas
Dean of VCAL

Parade College Beanies



College Beanies are available to purchase at Academy Uniforms Thomastown store, or from Reception at the Preston and Bundoora Campuses

The Beanie is priced at \$25, with \$5 from each purchase being donated to the Comboni Sisters in South Sudan

Parade College A Catholic School in the Edmund Rice Tradition



Liberating
Education



Gospel
Spirituality



Inclusive
Community



Justice and
Solidarity



EDMUND RICE EDUCATION
AUSTRALIA



Window Art

Year 8 Art for Semester 2 at Preston began with a design project guided by valuable input from Parade's Indigenous Education Officer, Ms Tannah Thorne.

After viewing examples of Indigenous AFL jerseys with Mr Sgambellone, students planned their own Indigenous-inspired jersey design.

Tannah explained that to enhance cultural inspiration but to avoid cultural appropriation, design symbols should reflect personal and family history and values.

Using the example of the Melbourne AFL Indigenous jersey, Tannah told about the artistic flow of the design, as created by Tannah's friend, Wurundjeri/Dja Dja Wurrung artist Ky-ya Nicholson Ward.

Importantly, Ky-ya's design incorporated her own story, cultural resonances and Country, starting at the base of the jersey and flowing up to the top of the jersey, where the hands paid homage to the ancestors, whose own ancient artwork often incorporated hands.

Student designs were then planned, and excerpts drawn onto the glass wall in the Caroline Chisholm Learning Centre, at the base of the Rice stairs.

The art window wall has become a visual focus all day, every day, headed with the NAIDOC 2022 theme of *Get Up! Stand Up! Show Up!*, and also incorporating the August Science and Book Week themes: *Glass: More than Meets the Eye*, and *Dreaming with Eyes Open*.

Some of the Year 8 Art students reflected on their experience:

Elias Tsonis H21 - *I was inspired by the Carlton Indigenous jersey, and I enjoyed how we had to choose jerseys and designs.*

Thomas Hunter B21 - *I took a little bit of inspiration from the Richmond Indigenous jersey, and then I put a bit of spin on it.*

Yacob Abraham H20 - *I took my inspiration from multiple sources including other jerseys, Indigenous art, and classmates.*

Alexander Italiano L20 - *My design just developed out of my own mind.*

Tegbir Virk L20 - *I did fluid designs from my own mind.*

Ryan Ho H21 - *My design is inspired by a sports club I follow.*

Mr Rick Sgambellone
Art and Visual Communication Teacher





From the Dean of High Performance Sport

Term 3 ACC Sport

Semi-Finals start this week at all Year levels. Good luck to the following teams chasing ACC Premierhips over the next two weeks. Semi Final qualifiers:

Basketball

Senior A*
 Senior B
 Year 10 B
 Year 9 Blue (Division 1 and 2)
 Year 8 A
 Year 8 B
 Year 8 Blue (Division 3 and 4)
 Year 8 Purple (Division 3 and 4)
 Year 7 A
 Year 7 B
 Year 7 Purple (Division 3 and 4)

*Our Senior Basketballers have also qualified for the All Schools Finals on 23 August.

Table Tennis

Year 10 (Division 1)
 Year 9 Blue (Division 1)
 Year 8 (Division 1)
 Year 8 Blue (Division 2)
 Year 7 (Division 1)
 Year 7 Blue (Division 2)
 Year 7 Purple (Division 2)

Hockey

Year 9
 Year 7

Our Senior Hockey team was very unlucky to miss, relegated to fifth on total goals scored, despite a very strong season winning four of six matches, and two narrow defeats to the top two sides.



Above, clockwise from top left: William Tracy Yr 7 L21, Cameron Milton Yr 9 T20, and Kobe Knight Yr 12 T10A

Outstanding Achievements

Congratulations to William Tracy (Year 7 L21) who has been selected in the Under 13 Victorian Hockey Team. Will has been playing a key role in our Year 7 team as they have completed the regular season undefeated.

Congratulations to Cameron Milton (Year 9 T20) on his qualification for the Victorian Short Course State Championships. Cameron qualified with a blistering personal best swim in the 100m Breaststroke (1:17:66) at MSAC in July.

Congratulations to Year 12 student Kobe Knight (T10A) on his selection in the inaugural AFL Indigenous Academy for 2022. Kobe travelled to Adelaide to participate in a camp focussing on Football, Leadership, Culture and Health and Wellbeing. Additionally, Kobe has been nominated by Parade for the Australian Olympic Committee (AOC) 'Change-Maker Program' for his commitment to lead and guide Indigenous and non-Indigenous peers.

Mr John Baxter
Dean of High Performance Sport



Parents of Parade (POP)

Working Bee

Thank you kindly to all the helpers who made themselves available at Preston and at Bundoora to lend a hand in the school gardens.

The many hands made the morning go very quickly allowing plenty of time for all to enjoy a warm cup of tea and coffee followed by a snag off the BBQ.

A special thank you to Mario and his Maintenance Team for their support in coordinating the morning and making available equipment and tools. As well to the College for putting on the morning.



Heartfelt 
THANKS
TO OUR VOLUNTEERS!

Father's Day Breakfast

A reminder to all to not miss out as we celebrate at our annual Father's Day Breakfast at Bundoora. The Father's Day Breakfast will be held on Wednesday 31 August on campus grounds, where fathers and sons can enjoy a special breakfast together.

This invitation also extends to a special family member, carer, or someone that possesses a positive impact on your son's life.

The morning will commence promptly at 7.00am, which will involve a delicious, cooked BBQ breakfast, followed by an MC at 7.30am. The breakfast celebrations will then conclude at 8.30am.

This event is a special event, and one not to be missed. Numbers for this event are limited, so you will need to make your booking using the TryBooking link, without delay <https://www.trybooking.com/CBOCA>

For this event to run smoothly on the day, we will be requesting the help of volunteers to help us with the facilitating of cooking, along with preparations in general, not leaving out of course, the fun task of cleaning at the conclusion of the event.

We appreciate that your time is valuable therefore if you can only help out for a short period of time during the day, this would be greatly appreciated.

If you would like to volunteer, please contact me via email at pop@parade.vic.edu.au



POP Meeting

Please join us at Bundoora for our next POP Meeting on Wednesday 7 September from 7.30pm.

We do encourage parents and carers to become involved, especially if your students are in the early years at the school - it is a wonderful way to give back to the community and share closer moments for the years to come.

Looking forward to seeing you at our next meeting.

Flavio Cosmelli

President - Parents of Parade

pop@parade.vic.edu.au



*we do not inherit the earth
from our ancestors.
we borrow it from our children.
~Native American Proverb*



BODY IMAGE AND BOYS FOR PARENTS

SUPPORTING BODY CONFIDENCE AND HEALTHY RELATIONSHIPS WITH FOOD AND EXERCISE IN YOUNG PEOPLE

WEDS, 31 AUG 2022

7PM – 8.15PM

VIA ZOOM

Live – No Recording Available



AUDIENCE
Parents & Community



SESSION LENGTH
1hr 15mins



COST
FREE

[BOOK NOW](#)



This session explores the particular challenges facing pre-teen and adolescent boys and practical strategies for parents to support the development of healthy body image and associated behaviours. Delivered by the Butterfly Foundation, Australia's largest not-for-profit for eating disorders and body image concerns.

In this session you will cover:

- Overview of body image and the importance of prevention.
- The spectrum of body and eating issues
- Common concerns for boys
- Males at higher risk
- How stereotypes, social media, diet culture and the health and fitness industries drive male appearance ideals
- Muscle dysmorphia and the mask of wellness
- The power of role modelling positive body image and healthy behaviours
- Understanding early warning signs; when training, exercise or eating behaviours become problematic.
- The importance of early intervention
- Referral and support information, including Butterfly's National Helpline

TESTIMONIALS

"So glad I came. There is so much pressure on kids these days, it's hard to know what to do. This has given me lots of practical ideas." Parent WA

Contact:

E: education@butterfly.org.au

T: 02 8456 3908

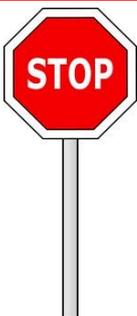
www.butterfly.org.au



Calendar

The following important dates in the College calendar can also be found on our website under the 'News' tab

25 August *	*	Sports Academy Ministry Retreat	5 September *	*	Year 7 Elective Changeover
	*	2023 Prefect Retreat		*	Advisory Council Meeting
	*	Year 7/8 Sport Semi Finals	6 September *	*	Year 7 2023 Assessments 9am-12pm
26 August *	*	Strategic Planning Committee Meeting	7 September *	*	GAT (General Achievement Test)
	*	2023 Prefect Retreat		*	* VCE 9.30am-3.00pm
29 Aug-2 Sep *	*	Solidarity Action Week		*	* VCAL 9.30am-11.45am
29 August *	*	Finance Committee Meeting		*	Family Tour Bundoora Campus
30 August *	*	Year 9/10 Sport Finals		*	VCE Music Trial Recitals
	*	Year 7 Spelling Challenge		*	Homework Club
	*	Year 8 Spelling Challenge		*	POP Meeting 7.30pm
	*	Homework Club	8 September *	*	RUOK Day
31 August *	*	Fathers Day Breakfast. Yarangabee Centre 7.00am-8.30am		*	ACC Cross Country Championships, Bundoora Park
	*	Homework Club		*	Student Progress Interviews Years 7-12
	*	Senior Sport Finals	9-16 Sept *	*	Unit 3/Unit 4 Trial Exams Commence
	*	Shared Table Dinner	9 September *	*	Student Free Day
1 September *	*	Year 7/8 Sport Finals		*	Staff PD Day
	*	Family Tour Bundoora Campus	11 September *	*	Concert Rehearsal Day - All Ensembles 9am-2pm Mazenod College
2 September *	*	Solidarity Walk		*	12-16 Sept * Year 9 Development Week
	*	OPA Business Breakfast		*	No VCE Year 12 Classes (Trial Exams)
	*	Mid Semester Reports released online to parents	12 September *	*	Student Progress Interviews Years 7-12
5-16 Sept *	*	Work Experience - Year 11 VCAL students & Pathways (ERPP) students	13 September *	*	Dress Rehearsal ACCent on Music Concert 9am-4pm
				*	Homework Club
				*	Year 9 Mancave
				*	ACCent on Music Concert, Hamer Hall, 7pm-9pm



In the interests of student safety.....

- * Please observe all speed zones and traffic management signage whilst on College grounds
- * Please follow directions by traffic marshals and parking attendants
- * Please remember there is a strict "No Standing" rule for all vehicles anywhere along the College driveway

Thank you for your co-operation

PARADE COLLEGE

NEWSLETTER



A WORLD OF OPPORTUNITIES FOR YOUNG MEN

SCHOOL HOLIDAY EVENTS

SEPTEMBER & OCTOBER 2022



For more information on these great events or to find out more visit banyuleyouth.com or call 9457 9855

Banyule Youth Services | BanyuleYouth |

Banyule Youth Services acknowledges that these events will be held on the land of the traditional owners, Wurundjeri Woi-wurrung people of the Kulin nation. We pay our respects to their elders and leaders - past, present and emerging



EDMUND RICE EDUCATION AUSTRALIA